

THE INSIDE JUICE

Newsletter of the Columbia River Peace Corps Association

August, 1995

Volume 14 - Number 7

Letter from the Editor Greetings! My name is Richard Hayes and I'm the latest newsletter editor for this distinguished publication, following in the footsteps of Robin Teater. You may have noticed a change in format and title, and you're right. The title I stole from the volunteer newsletter we enjoyed in Sierra Leone, West Africa and the format, at least for now, is simpler than Robin's mostly because I've still got a lot to learn about the typesetting capabilities of my computer. Please bear with me as the learning process continues. Thanks. And now, without further ado . . .

From the President Hi Tech News – Jack McLaughlin, in Seattle has started the NW RPCV Web Page on the internet. The address is: "<http://biorobotics.ee.washington.edu:80/isdl/jack/nwpcorps.html>". Other items of interest are: a RPCV Private Chat Room, (AOL People Connection) for those of you on America On Line. It meets once a week, usually on Thursday evenings. For more information contact: rpcv7880@aol.com. The Andy Shippee Memorial is dedicated to volunteer Andy Shippee who was killed in South Africa while traveling home from Cameroon as a volunteer. The page has pictures of Andy, testimonials, and a short biography to a PCV who had some dear friends. The address for that one is: "<http://www.icsi.berkeley.edu/~polack/mx/andy.html>".

1994 - What a Year! – I was asked to write an annual report on the activities of the Columbia River Peace Corps Association and, in doing so, was quite amazed at all we had done. The highlights are located on the page with directions to the Regional Campout.

Head to Goldendale – There are plenty of excuses not to go to the regional campout. Too busy, too far, too much trouble . . . but now take some time to think of all the great reasons for going! It's relaxing. I've never seen the Goldendale area but I like to swim, bike, hike, or sunbathe. Nearby is the Maryhill Museum and the replica of Stonehenge. Sometimes it's good to get out of your rut and meet people that share the same experiences and interests as you do. I like fresh air, enjoy outdoor scenery, and need to spend some serious time observing the stars. C'mon! Dust off the sleeping bag, pack the family, and head out to Goldendale. You'll be glad you did.

Mike Waite

1996 INTERNATIONAL CALENDAR SALES UPDATE

500 calendars have arrived, hot off the press! The '96 calendar is more beautiful than ever, with 13 glossy photos representing all parts of the world, hundreds of international holidays and festivals, country information, and for each month, a word from another language which has no direct equivalent in English. This calendar is a wonderful value. You'll want one for yourself and several for gifts. You'll also find that they are amazingly easy to sell. Almost everyone you show it to will want to buy one.

80% of the proceeds of our calendar sales will go to Portland Community College's Volunteer Literacy Tutoring Program. Nationwide, the sales of this calendar support many development and educational projects, including Habitat for Humanity, Trickle Up, schools in India and Sri Lanka, and a Peace Park in Vietnam.

Our volunteer callers will be calling you sometime in August, asking you to buy calendars, sell a few to friends and coworkers, and even if you can help by making a few phone calls, delivering calendars, or taking orders. Call Mike or Jackie Spurlock (224-4265) for more information.

See the next page for heartfelt testimonials as to the benefits of helping with this project!

Columbia River Peace Corps Association, P.O. Box 802, Portland, OR 97207

CALENDAR PHONE SALES

Have you always wanted to be a telemarketer? Maybe not – but imagine the product you are selling is interesting, useable and the people you talk to are receptive and friendly.

Last year I phoned approximately fifteen people to sell Peace Corps calendars and had a terrific response rate! Returned Volunteers were more than happy to buy a calendar when I told them about the organizations the sales would benefit. Where else can you get “suitable for framing” photos and bits of interesting world-wide information?

Perhaps you’d like to sign up to help call, it took only about an hour of my time. (I even won a Peace Corps sweatshirt for selling 20 calendars!) *Thrina Parent*

CALENDAR/PROMO SELLING

Frankly, when a friend first signed me up to sell calendars, I wasn’t too happy. No one likes to be solicited and much less to be soliciting. “Uugh!” I thought.

Then she explained that if I sold enough I might get a free calendar. She handed me a copy. As I flipped through each month, I became interested. “The photos are incredible!” I said, considerably more enthused.

So I took a copy to work. Still somewhat bashful I mustered the courage to show a colleague and toss my sales pitch. She was immediately interested, ordered two and promised to show it to friends and neighbors.

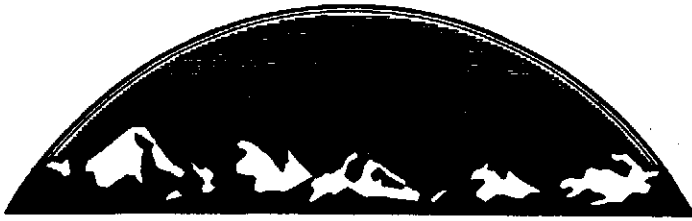
The calendar was a wonderful conversation piece. Everyone talked Peace Corps – not only asking me about my service, but talking up the experiences of others.

I placed an announcement in our weekly newsletter, telephoned folks on the calling list, and not only sold more calendars than I expected but actually enjoyed it! Sign me up for next year! How about you, too?? *Katharine H. Kimball*

RUMPELSTILTSKIN HIMSELF COULDN'T HAVE SAID IT ANY BETTER, FOLKS. I DON'T KNOW ABOUT YOU BUT I'M EXTREMELY MOVED. I FRANKLY CAN'T WAIT TO BE CALLED! IS THAT THE PHONE RINGING NOW? *-ed.*

CALENDAR OF COMING EVENTS

- | | |
|-------------|---|
| AUG. 3-6 | NATIONAL CONFERENCE, AUSTIN, TEXAS (President Mike Waite will be attending!) |
| AUG. 18-20 | 1995 NORTHWEST REGIONAL CAMPOUT |
| AUG. 26 | CELEBRATE WOMAN'S VOTE/Parade and Celebration
Parade: Every woman welcome in the costume of her choice. Carry the banner of your organization! Gather in South Park Blocks at SW Jefferson Street, 9:00 am. March begins at 10:00 am. Celebration: At the Silver Stage in Waterfront Park, 11:30 am, Music - Speeches - Drama. Men and boys are welcome, of course. For info call Mary Rose 282-3172, Pat 289-2097, or Barbara 284-3116. |
| SEPT. 16-19 | NATIONAL PEACE CORPS ASSOCIATION'S COUNTRY OF SERVICE/
ISSUE GROUP CONFERENCE IN WASHINGTON, D.C. (see page 3) |
| SEPT. 17 | POTLUCK/BUSINESS MEETING |
| NOV. 4 | WEST CASCADE PEACE CORPS FESTIVAL, EUGENE |
| NOV. 11 | WEST AFRICAN PIGOUT |



*News from Alaska, Washington, Oregon, Idaho, Montana,
and sometimes a little bit of Wyoming*

1995 NORTHWEST REGIONAL CAMPOUT

Where: The farm of RPCV Judy Merrill in Goldendale, WA

When: Friday, August 18 through Sunday, August 20

Organized by the Washington State (RAVN) group.
For more information contact Jack McLaughlin at 206-525-3667 or jackm@uw-isdl.ee.washington.edu (e-mail).

Judy's farm is in southern Washington just south of the Yakima Indian Reservation and not far from the Columbia River. Hiking, mountain biking can be done on the premises and in a forested canyon area nearby while swimming and other water sports can be enjoyed just a short car ride away.

Maps and more information about activities will on an information board at the site. There will be a group meal

Saturday evening and a group breakfast Sunday morning. There may be live music by the barn Saturday night. Port-a-potties and a bucket bath area will be available.

Recommended things to bring

Non-disposable plates, cups, and utensils (to reduce trash burden). Large container to carry water from main house to camp site. Lawn chairs (no picnic tables). There are trees at the camp site, but you may want to bring a tarp for protection from the sun. Bikes, kayaks, binoculars (bird watching), bathing suits, etc.

Cost

To be determined. Amount should be minimal.

Washington State RPCVs are responsible for providing the main Saturday meal. COORDINATION is very important. RPCVS in WA (RAVN members) are asked to call Caryn Jacobson (food coordinator) at 206-283-0910 if you can help.

Alaska RPCVs

In April, RPCVs sponsored an International Bazaar and Auction to benefit a Cameroon Women's/ Children's Center project, the fundraiser raised around \$2,000. Two Alaska RPCVs have been working with the people at their former site of Kribbe, Cameroon, to help them build the Center. This June, Cathie Clements and Kelly Spore brought a group of high school students to Cameroon to help with the Center and to conduct a cross-cultural exchange. Work continues with the Adopt-a-Road project, Akeela House—an alcohol and drug rehabilitation center, Speakers' Bureau, World Wise Schools, and a Kenya Books project. Alaska RPCVs met for their annual picnic on July 9.

RPCVs in Fairbanks have been meeting informally and hope to get an organized satellite started. In the absence of a summer 1996 National Conference, Alaska RPCVs are looking into organizing a NW regional conference for RPCVs in Alaska next summer.

Columbia River RPCVs

CRPCA welcomed two new officers—newsletter editor Richard Hayes and Steering Committee member Debra Dietz. Several members got together recently to check out electronic communication and surfed through a number of Web pages. A group of RPCVs living up the Columbia Gorge from Stevenson, Washington, to Moro, Oregon, have met twice, and are planning on having frequent get-togethers. Six or more of the group have ties to Central African fish projects and knew each other while volunteers in the Congo and Zaire. Small Peace Corps world.

Idaho RPCVs

Sam Greer reports about a dozen Idaho RPCVs participated in the Annual Paint-the-Town, an event that pairs 3000 volunteers with 80 needy homes in the area. Partnered with local businesses, the RPCVs helped paint the home of a retired

Hispanic couple. The Idaho contingent is looking forward to the August campout.

Montana RPCVs

Denris Bangs expresses interest in arranging a NW Regional meeting next June in Montana to coincide with the Annual Goat Chase. This would also be to celebrate the 35th anniversary of Peace Corps. The camp for the Goat Chase can accommodate up to 200 people.

Washington State RPCVs/ RAVN

Over the last couple of months, RAVN has been pursuing a two-pronged agenda of business and social events. On the business side, the biggest news involves a possible name change to "Washington State Peace Corps Association." At present, a vote by members is underway to accept or reject it. Special elections were just recently concluded to fill vacant positions, and RAVN, for the first time in many months, has a full slate of officers!

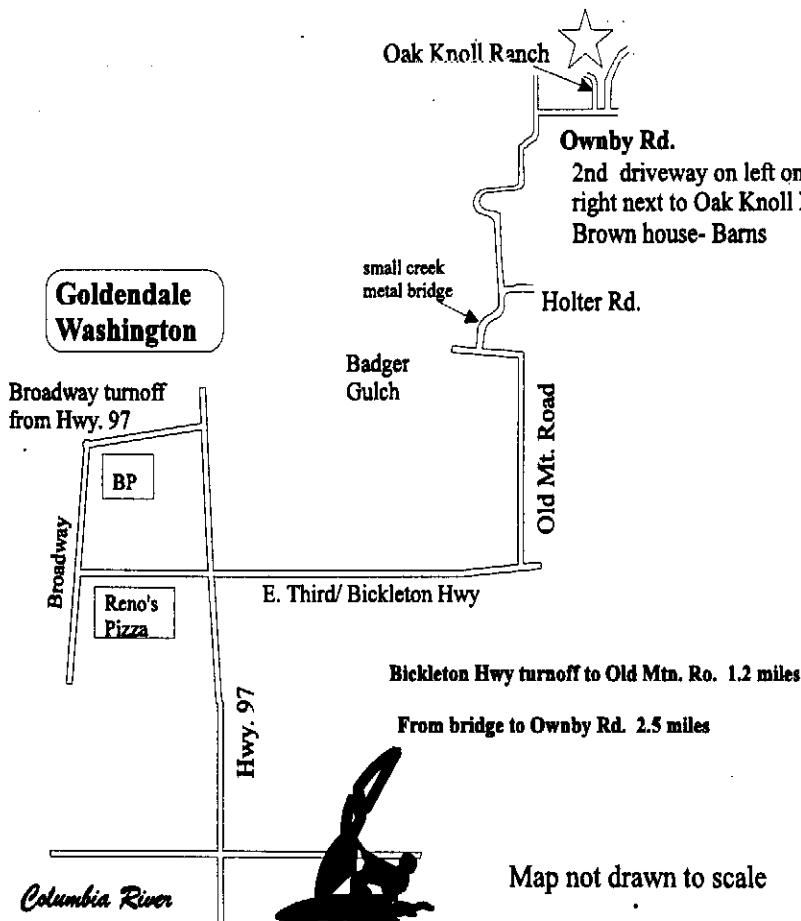
Planning continues for RAVN's July 15 Contra Dance fundraiser to benefit Real Change—a homeless persons newspaper in Seattle, a Peace Corps Partnership Project, and a Kenyan exchange student. Plans are also being finalized for the August 18-20 campout. RAVN's summer picnic was held July 8 in Magnuson Park on Lake Washington.

West Cascade

West Cascade Peace Corps Association continues monthly meetings with a speaker in the Eugene area. The Heart of the Valley group based in Corvallis has evolved into a solid group with regular activities including advocacy. The Medford/Ashland/Grants Pass area shows signs of congealing into an organized group. The whole Southern Willamette Valley is enjoying the summer and the bounties Oregon has provided.

Columbia River Peace Corps Association Annual Report 1994

- ◆ Changed name from Returned Peace Corps Volunteers of Oregon to **Columbia River Peace Corps Association**
- ◆ Fourth appearance in annual Starlight Parade
- ◆ Donated money and weatherized homes for needy and disabled in Portland- Community Energy Project
- ◆ Raised \$2100.00 for Lutheran Family Services through calendar sales- over 500 calendars sold
- ◆ Hosted 1994 NW Regional Campout in Bend, Oregon
- ◆ Assisted Oregon Public Broadcasting in televised pledge drive
- ◆ Received award for best monthly RPCV newsletter at 1994 National Conference
- ◆ Planted trees in Portland for Friends of Trees
- ◆ The West African Pigout received it's largest turnout and raised \$450.00 for Friends of Liberia
- ◆ Hosted Carol Bellemey's visit to Portland
- ◆ Designed new sweatshirt to bring in income and warm RPCV's
- ◆ Continued monthly Potlucks and Restaurant meetings
- ◆ Aided with Portland Peace Corps Recruitment
- ◆ Assisted Homowa Foundation in annual celebration
- ◆ Continued to provide speakers for Speakers Bureau
- ◆ Assistance to University of Portland Cultural Fair
- ◆ Donated clothing, food, and useful items to family at Christmas



Directions to Campout

From Biggs or Mary Hill:

Travel Hwy 97 North to Goldendale. Take Broadway turnoff (third Goldendale exit), pass BP Gas Station on left, go approx. ½ mile to Reno's Pizza on left. Turn left on road (3rd Street/ Bickleton Hwy) in front of Reno's - Go approx. 1.1 miles to Old Mountain Road (gravel). Take a left. At 1.3 miles cross a short bridge. Pay no attention to Dead End Signs. Drive 2.3 miles to a group of mailboxes and turn right on Ownby Rd. Travel ½ mile to Judy's driveway on left.

What to bring?

Camping equipment, chairs, recreational gear, books, sunscreen, water bottles, and a leisurely attitude. Please no laptop computers, budget proposals, business reports, or unfinished office work. Don't put the campout off. Next years campout is set for Alaska, which is a lot longer drive.

NEW MEMBERS!

Richard & Olive Pomeroy (Dominican Republic, '86-87)
Linda Barter Hatch (Guatemala, '86-88)
Thomas Hutchinson (Uganda, '70-72)
Valerie Eves (India, '65-67)
Wilfrid Paul Landry (Guatemala)

OFFICERS

President

Mike Waite 360-574-7455
fax 360-576-5857

Steering Committee

Gabriella Maertens 254-5161
Debra Deetz 284-4842

Secretary-Treasurer

Marilyn Watts 777-4650

Program Coordinator

Barbara Pugh 297-0636

Program Host

Charlene Holzworth 284-3444

Membership

JoAnn von Rohr 282-1721

Restaurant Coordinator

Alma Cunningham 223-9298

Community Representative

Dick Swee 252-2295

Development Education (open position)

Weatherization Coordinator

Joanne Wu 234-9359

Newsletter

Richard Hayes 288-0810

Published by the: Columbia River PC Association
P.O. Box 802
Portland, OR 97207

Submissions for the September 1995 newsletter should be received by Aug. 25. Please type them if you can for maximum clarity and mail to: 6105 NE Sacramento, Portland, OR, 97213-4074.

Please note: All submissions are subject to editing by your intrepid editor and their inclusion depends on available space. Remember, if you don't send me anything then I get to reminisce about my PC experience or make up stuff that could be really boring. You have been warned!

Next issue will include some current news from Tanzania, East Africa, where PC Gert Carey shares, "the toughest job you'll ever love." See you then ...

Schmooze or lose

If you want to help your friends in the country you served, come to the NPCA's Country of Service/ Issue Group Conference in Washington, D.C. September 16-19.

➤ Find out how the foreign policy process works and how you can influence it.

➤ Get up to speed on the issues in your country.

➤ Enjoy the variety of Washington, D.C.'s ethnic restaurants, music and dancing.

➤ Homestays and scholarships available

The Schedule

Saturday

September 16

- Basic advocacy
- How to turn out a newsletter that will galvanize your group
- Electronic networking and more

Sunday

September 17

- NPCA leadership for the 21st century
- How to make your country of service group thrive

Monday & Tuesday

September 18-19

Meet and talk with:

- Your country's desk officers from the State Department, AID, and Peace Corps
- Policy analysts from non-governmental organizations which focus on your part of the world, like TransAfrica, Washington Office on Latin America, and others
- Embassy representatives from your country
- Congressional leaders and staffers who deal with your country

For registration information, call the NPCA, 202 293 7728, ext. 3, fax 202 294 7554, or write to 1900 L Street NW, Suite 205, Washington, D.C. 20036-5002.

MEMBERSHIP - ADDRESS CHANGE - RENEWAL FORM

NAME:

ADDRESS:

PHONE: (home) _____ (work) _____

COUNTRY OF SERVICE AND YEARS THERE:

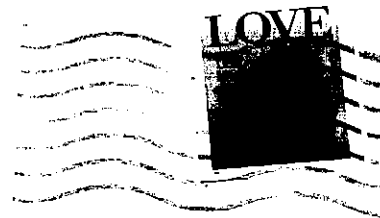
PEACE CORPS ASSIGNMENT/SECTOR:

CURRENT OCCUPATION:

- NEW MEMBERSHIP
- MEMBERSHIP RENEWAL
- NEW ADDRESS, EFFECTIVE: ___/___/___
- JOINING CRPCA and NPCA (\$35 individual/\$50 family)
- JOINING CRPCA only (\$15 individual/\$22.50 family)
- JOINING NPCA only (\$20 individual/\$27.50 family)

PLEASE MAKE CHECKS PAYABLE TO: **COLUMBIA RIVER PEACE CORPS ASSOCIATION**
CLIP, AND MAIL TO: **P.O. BOX 802**
PORTLAND, OR 97207

Columbia River
Peace Corps Association
P.O. Box 802
Portland, OR 97207



Aug 1, 1995
Marie Hermanson
[REDACTED]
Portland, OR [REDACTED]



If this box is checked, your membership has expired. Please renew using the membership form inside!



If this box is checked, you have received a complimentary copy of our newsletter. To become a member of Columbia River Peace Corps Association and receive future issues, please see the membership form inside!
