

Vice-Chairperson.....	Joan Mitchel	230-6953
Secretary/Treasurer.....	Ann Borquist	239-7595
Program Coordinator.....	Jim Ross	245-6779
Restaurant Coordinator....	Bill Osborn	640-5936
Speaker's Bureau.....	Rosalie Schmitz	236-8653
Newsletter Editor.....	Jim Shaw	659-7793
Resource Person.....	Ira Frankel	644-4902



Returned Peace Corps Volunteers of Oregon Newsletter

March 1986

Vol. 4, No. 12

NEXT MEETING

25th Anniversary Celebration

March 8th, 1986

6:30 pm till Midnight

Portland State University's
NORDIC ROOM
Smith Center, 1825 SW Broadway

LAST MEETING

Rey-Rey's Restaurant on Hawthorne was the venue for our last get-together. Twenty-three people were on hand to sample some excellent food from the Philippines, all served on banana leaf trays and eaten with the hands. Cold San Miguel beer was also available.

Our March meeting is actually a celebration -- 25 years of the Peace Corps. It will get underway in PSU's Nordic Room (lower level of Smith Center) at 6:30 pm with a reception (no-host bar available), followed by an ethnic dinner at 8:00 pm. The cook has promised a sampling of delights from Thailand. Loret Miller-Ruppe, the national director of the Peace Corps will be on hand, as will Dr. Lindsay Horenblas, Northwest Medical Teams, and Sandy James, host of the Channel 6 program "Local Heros". All will be speaking on "25 Years of the Peace Corps: The Gift of Giving". At 9:00 pm the Seattle-based band, "Kutamba", will lead off with African Marimba music, a fast paced beat that will take us through to Midnight. If you have not made reservations, there are still a few days -- (and seats) -- left. Call Ann Borquist (239-7595) or send your check for \$15 per person to Ann c/o 1802 SE 41st, Portland, OR, 97214. If you can't make it to the dinner -- come to the dance -- \$5 per person, \$4 for students. We would like to see everyone from our group attend.

Ira Frankel, our traveling gourmet, is now putting together a guide covering our city's better ethnic restaurants, which we will be using for future restaurant meetings. If you know of a particularly good eatery that really cooks and serves the food like they do in the "old country", give Ira a call at 644-4902 or send him a note: 4450 SW 107th, Beaverton, OR, 97005.

INTERNATIONAL WOMEN'S DAY FESTIVAL

Saturday, March 8th, we hope to be seeing you at the Peace Corps' 25th anniversary gathering in the evening at PSU. But during the daytime you may like to take part in the International Women's Day Festival at the Pine Street Theater (S.E. 9th and Pine) with multi-cultural music, dance, food, poetry, crafts and films. For more information, call Marguerite Brödie, 243-2257 or Sharon Hill, 234-7080. -- Rosalie Schmitz

MIDDLE EAST STUDY GROUP

The Women's International League for Peace and Freedom sponsors a Middle East Study Group which meets the first Thursday of each month in Room E of the Central Library, SW 10th and Yamhill. The topic March 6th is "Egypt". -- Rosalie Schmitz

"Come back and educate us."

President John F. Kennedy
to first Volunteers

WANTED: NEW OFFICERS!

Be all that you can be as an officer of our Returned Peace Corps group. You can be a force in the direction of this vigorous, dynamic, and expanding organization. Interested in public affairs -- be a program coordinator. Love discovering exotic restaurant faire -- be a restaurant coordinator. Concerned with the public's limited knowledge of life in the third world -- co-ordinate the speaker's bureau. Want to gain experience in the administration of a non-profit organization -- be chairperson.

The opportunities for you to contribute to the future of RPCV networking and to gain experience, excitement and exhilaration working with fun-loving, well-traveled, worldly people is here. New officers will be installed at our April potluck and will work closely with old officers the first months of their tenure to provide a smooth transition.

If you are interested in being an officer call me at 231-1591. If you want more specific information about the responsibilities of a position, call the officer in that position. Officers' names and their phone numbers are listed on the first page of this newsletter. All positions are open. Don't hesitate, call now. -- Marie Hermanson



Pedalling for progress

BIKE-AID '86'

The following comes from Shaun Skelton, National Coordinator of Bike-Aid '86':

The Overseas Development Network, a national consortium of 40 campus chapters involved in international development, is sponsoring a cross-country bike ride scheduled to occur this summer. The ride's purpose is to increase awareness of and raise money for self-help development projects in poverty-stricken regions of the world.

Called Bike-Aid '86', riders from all over the U.S. will depart from 4 cities on the west coast on June 16th and will be joined by 2 southern routes in July. Riders will be in Oregon in June, so are in need of accommodations for 50-100 bicyclists. A college dorm with shower facilities would be ideal but nearly any place where we could set up our tents free of charge would be great.

In addition, we are interested in giving presentations on development to groups along the way. The presentations we have in mind can be given to any size group, such as RPCV's, a Rotary meeting, summer camp, church group, or even at a baseball game. We have a slide show and educational literature on self-help development projects overseas and in the United States that may be of interest. Also, we would like to share some of our own experiences on the trip as we meet people from different cities. This could best be done over a meal -- dinner on the night of arrival or breakfast on the morning of departure.

We would like to hear from any individuals in your RPCV Group who may be interested in riding or organizing. We would certainly like to make Returned Peace Corps Volunteers a part of Bike-Aid '86'. For more information write P.O. Box 1430, Cambridge, MA, 02238 or call (617) 868-3002.

SPEAKER'S BUREAU POSITION
By Rosalie Schmitz

In February, I gave talks at Canby School (#91), on Oakley Green career day and James John for Human Relations week.

After 2 years of being the Speaker's Bureau Coordinator, I would appreciate it if there was one of you out there who would be willing to take over by September 1986. I'll do it through this school year since my name is on the Portland Public School forms that were sent to the schools last Fall.

The Portland school system is the only one with which we have a formal speaker's arrangement. The job involves telephoning RPCVs when a school speaker request form comes in the mail. There is a 3-ring binder full of membership forms with most of the information you'll need. Most of it can be done in the evening, but it helps if you can make some daytime calls too. I try to call both the RPCV and the teacher a few days after the talk to see how things went and if there are any 'bugs' in the system. I'd be happy to discuss this with any of you who would like to volunteer for this worthwhile activity of our group. You can call me at 236-8653.

FRESH FRUIT ANYONE???

Jeff Strang (GHANA 80-82), who was active in our group last year, is now growing fruit in Washington State. He says the harvest has finally come in and he can supply fresh, ripened-on-the-tree, unsprayed oranges, lemons, grapefruit, tangelos or pomelos. The fruit comes in 35 lbs crates. Lemons and Oranges are \$15 per box, Grapefruit is \$12 per box and Tangelos/Pomelos are \$9 a box. If you sell 20 boxes of oranges to friends you can get one box free! If interested, write to Hank & Ann Patton or Jeff Strang at Cold Spring Farm, Chenoweth-Underwood, WA, 98651 or phone (509) 538-2284.

INTERNATIONAL WORKCAMPS

The 1986 "International Workcamp Directory", an annual booklet (132 pages) published by VFP International Workcamps, is now available for \$6 postpaid. The booklet lists over 800 opportunities for inexpensive travel in 36 countries. Two to three week programs average \$50. The Directory, or a free copy of VFP's newsletter, can be obtained through VFP at Tiffany Road, Belmont, Vermont, 05730, phone (802) 259-2759.

PLANNING FOR THE APRIL POTLUCK

Our annual Potluck dinner will be held at the St. Ignatius Parish Hall, 43rd and Powell, on April 12th this year. The theme is North Africa and the Middle East, so start thinking about your "Pot".

IT'S THE "TAJ" OF THE TOWN!

India: A Festival of Science, will be the exhibit at OMSI March 1st to May 31st. Native Indian crafts, such as brocade weaving and silver filigree will be demonstrated. Learn how India gave us the concept of zero and the value of Pi, along with other contributions to science and technology. You can try weaving at an Indian loom or writing Sanskrit. There will be an Indian cultural series of events and a Gandhi symposium. On weekends an Indian bazaar will be selling food and artifacts. A related exhibit will be at the Portland Art Museum April 15th to June 15th. A special performance of "Kuchipudi", an ancient dance form from southern India, will be presented in April at Lewis and Clark College. "Cinema of India", a special film series, will be shown at the NW Film Study Center. Admission is \$3.50, \$2.50 for children and seniors. For certain events there is an additional charge. For further information about the exhibit or special events, call OMSI's special India hotline (503) 22-INDIA. Oregon residents outside the Portland area may call toll-free 800-544-6342.- Rosalie Schmitz

MINI CRUISE

If you have never been on an ocean cruise before -- this might be the year. Two large cruise liners, the NIEUW AMSTERDAM and NOORDAM (both Dutch), are coming to Portland for drydocking, one in the Spring and one in the Fall. The ships will be coming to Portland from Vancouver, Canada and returning to Vancouver following drydocking, an overnight voyage of approximately 24 hours. A local travel agency, Travel Marketing, is selling the overnight cruise for \$125 minimum per person. The agency is also offering bus transportation (for \$50 per person) to Vancouver to catch one of the ships down to Portland, or from Vancouver returning to Portland from the cruise. The first ship, the NOORDAM, departs Vancouver at 6pm on April 28th, arriving at Portland around 5:30 pm, April 29th. The same vessel will depart Portland at 11am on May 19th and arrive in Vancouver the following day around 10am. The second vessel, the NIEUW AMSTERDAM, will leave Vancouver on September 20th, 6pm, and arrived in Portland at 5:30 pm on September 21st. The same liner will then depart Portland for the return journey north on October 11th at 11am and arrive in Vancouver on October 13th at 8am, a two-day trip which will feature a full day port stop in Victoria (B.C.) on the 12th. The cost of this two-day trip is \$235 minimum per person. All sailings will transit the Columbia river in daylight hours. Bookings can be made through Travel Marketing, 0333 SW Flower, Suite 101, Portland, OR, 97201. Call Julie or Jane at Travel Marketing (245-0106) if you are interested. Cost of the cruise covers cabin berth and all meals on board ship. There is a port tax of \$7 on the overnight cruise and \$15 on the two-day cruise. -- Jim Shaw

SUBMISSIONS TO NEWSLETTER

Material for the newsletter should be sent to J.L. Shaw, 5721 SE Willow, Milwaukie, OR, 97222. Mark if you want material returned.

THE BOLD EXPERIMENT

Notre Dame Pres has released a book by Gerald T. Rice that portrays the inspiration of the Kennedy era for a Peace Corps, and tells of the people and effort that went into making the idea a reality. The author draws on newly declassified documents and hundreds of interviews with leaders, volunteers and involved politicians. He examines the Corps' inner politics, its struggle for support in Congress and for autonomy from the State Department and the CIA, its reception by the newly independent 3rd world nations, and the challenges of the first volunteers. He also analyzes the Peace Corps' contributions to American foreign policy, arguing that it represented Kennedy's most original and lasting contribution to the 3rd world.

-- Donna Icenogle

To get a copy at the sale price of \$14.35 plus \$1 shipping, call Donna at 230-6953 (home) or 299-2610 (work) for an order form. If you are going to the March 8th celebration, a display copy plus the order forms will be available at the door.

WHAT TO DO WITH THE PURPLE SHEET

By Rosalie Schmitz

Along with this month's newsletter we are enclosing a bit of advertisement about our group's Speaker's Bureau -- printed on purple paper to attract attention. We are hoping that everyone will make an effort to either post it on a church, library, store or office bulletin board, or provide it to the program chairperson of any other group you may belong to. We have a lot more of these fliers, so if you know of a group or event at which they could be given out, please give me a call (236-8653).

WHAT TO DO WITH THE DANCE POSTER

If your newsletter comes with a poster for our up-coming March 8th dance, could you post it per the Purple Sheet (see above). Thanks...

NICARAGUA

"American efforts to topple Nicaragua's legitimate government are no less outrageous than if the South African government began sending millions of dollars to the Ku Klux Klan to help them establish a system of apartheid here."

Mother Jones, Aug/Sept. 1985

Nicaragua has a democratically elected government which enjoys a broad base of support among its people. Freedom of religion and freedom of press exist. President Orgeta is a member of the Sandanista party, one of seven parties in the internationally monitored elections which took place following the 1979 revolt against Somoza.

Since 1979 the illiteracy rate has dropped from over 50% to about 12%; Nicaragua has been commended by the World Health Organization as a "model country in health care"; and workers on the large plantations, previously owned by people like Somoza, have been given their own land to cultivate. Nicaragua receives aid from and trades with any country - Algeria, East Germany, Iran, Canada, Mexico, France, Finland, Soviet Union, Spain, Italy - and would trade with the U.S. if the U.S. weren't so jealous of Nicaragua's other friends. In an effort to undermine the progress of this third world country, we support the contras (mostly Somoza's boys) who target the farms, the schools, and the health clinics killing livestock, burning warehouses, and killing campesinos (the workers).

Do you want to see another \$100 million U.S. dollars go to the contras? What can you do? Read and listen to people who have been to Nicaragua. Write or call your legislator - a list of addresses and phone numbers follow. Add your name to a list of people against aid to the contras which will be published in a Willamette Week ad shortly before the congressional vote (probably in March) by sending \$5 to Pledge of Resistance, ^{Ad} American Friends Service Committee, 2249 E. Burnside, Portland, OR, 97214.

BY: MARIE HERMANSON

Senator Mark O. Hatfield: 711 Hart Senate Office Bldg., Wash, D.C. 20510; (202) 224-3753. District Offices: 475 Cottage NE, Salem 97301; 399-5731; Rm. 114, Pioneer Courthouse, 555 S.W. Yamhill, Portland 97204; 221-3386.

Senator Bob Packwood: 259 Russell Senate Office Bldg., Wash, D.C. 20510; (202) 224-5244. District Office: Rm. 385 Federal Bldg., 1220 S.W. Third, Portland 97204; 221-3370.

Rep. Les AuCoin (First District): 2159 Rayburn House Office Bldg., Wash, D.C. 20515; (202) 225-0855. District Office: 1716 Federal Bldg., 1220 SW Third, Portland 97204; 221-2901 or toll-free 1-800-422-4003.

Rep. Robert F. "Bob" Smith (Second District): 118 Cannon House Office Bldg., Wash, D.C. 20515; (202) 225-6730. District Office: 1150 Crater Lake Avenue, Suite K, Medford 97504; 776-4646 or toll-free 1-800-533-3303.

Rep. Ron Wyden (Third District): Rm 1406 Longworth House Office Bldg., Wash, D.C. 20515; (202) 225-4811. District Office: Lloyd 500 Building, 500 N.E. Multnomah, Suite 250, Portland 97232; 231-2300.

Rep. Jim Weaver (Fourth District): 1226 Longworth House Office Bldg., Wash, D.C. 20515; (202) 225-6416. District Office: Rm. 287, Federal Bldg., 211 East 7th St., Eugene 97401; 687-6732.

Rep. Denny Smith (Fifth District): 1213 Longworth House Office Bldg., Wash, D.C. 20515; (202) 225-5711. District Office: 4035 12th St. SE, #20, PO Box 13089, Salem 97309; 399-5756 or toll-free 1-800-452-7889.

PLEDGE OF RESISTANCE

NATIONAL CLEARING HOUSE: Suite 563

475 Riverside Drive, New York, NY 10115

Local Address: 2249 E. Burnside, Portland, OR 97214

Phone: 230-9427

Dear Pledge of Resistance Signers and Friends:

\$100 MILLION CONTRA AID REQUEST - WE MUST STOP IT! Congress will vote shortly on a \$100 million request from the Reagan Administration for military and non-lethal aid to the contra forces who are trying to overthrow the government of Nicaragua.

We are deeply concerned about proposals for additional U.S. aid to other governments in the region, such as El Salvador and Guatemala. The Pledge of Resistance local steering committee views the outcome of the contra aid vote as a critical indicator as to how Congress will vote on aid to other countries in Central America.

STOPPING CONTRA AID: FULL-PAGE AD IN WILLAMETTE WEEK NEWSPAPER

*Join us in sponsoring a full-page ad in this Portland newspaper to express our opposition to U.S. aid to the contras. We see this ad as a way to motivate other concerned Oregonians to voice their opposition to contra aid. The text of the ad is on the reverse side of this letter.

If you would like to have your name printed in the ad, please fill in the enclosed coupon (print clearly or type your name) and send \$5.00 to Pledge of Resistance, American Friends Service Committee, 2249 East Burnside Street, Portland, OR 97214.

The cost of the ad and this mailing will be about \$2,000. If you can send more than \$5.00, it would help a great deal. We plan to time the printing of the ad shortly before the vote in the U.S. House of Representatives. WE ASK THAT YOU RETURN YOUR COUPON AND DONATION TO THE AD COSTS WITHIN ONE WEEK OF THE RECEIPT OF THIS LETTER. OTHERWISE, WE CANNOT ASSURE THAT YOUR NAME WILL GET INTO THE AD.

STOPPING CONTRA AID: WRITE AND CALL OUR CONGRESSIONAL DELEGATION

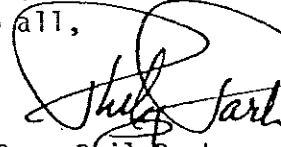
*We cannot emphasize enough how important it is that our Oregon Congressional delegation hear from us on the issue of contra aid. The addresses and phone numbers of our delegation are enclosed with this letter. Word from Capitol Hill is that Congress is not hearing from their constituents on Central America. Many in Congress think the concern about Central America has waned. WE'VE GOT TO SHOW THEM OTHERWISE. ACT TODAY!

THE DAY AFTER THE CONTRA AID VOTE IN THE U.S. HOUSE - OUR RESPONSE

*We will meet at Terry Shrunken Plaza at S.W. 3rd and Madison in downtown Portland at 5:30 p.m. the day after the contra aid vote in the U.S. House. We will walk to a local downtown church for a 6:00 p.m. interfaith service. If Congress votes no aid to the contras, our gathering will be a celebration of life. If Congress votes for any aid to the contras, our gathering will be a time of mourning for the Nicaraguan people who will suffer and die as a result of the aid appropriation. The Pledge of Resistance phone tree will be activated at the time of the vote to give more details on this event.

WE ARE AT A CRITICAL MOMENT. We are people concerned about peace. We want to help stop the war and violence in Central America. We want our U.S. government to support the peace process initiated by the Contadora Group of Nations. WE KNOW WHAT WE MUST DO - WE MUST ACT IMMEDIATELY. If you have received more than one copy of this letter, pass it on to a friend today. Peace to all,


Diane Hess
American Friends
Service Committee


Rev. Phil Park
Portland Sanctuary
Coalition


Bob Rini
Portland Central America
Solidarity Committee



Returned Peace Corps Volunteers of Oregon

MEMBERSHIP REGISTRATION FORM

ANNUAL MEMBERSHIP FEE = \$5

(that's the same fee for the last 4 yrs - no inflation yet folks!)

What you get: *monthly newsletter *meeting notices *info on internat'l development issues *update on nat'l PC concerns *and more

PLEASE SEND IN YOUR \$5 REGISTRATION TODAY!

(please print)

NAME(S) _____ phone (h) _____
STREET/PO BOX _____ phone (w) _____
CITY/STATE/ZIP _____ spouse's name _____
Country served _____ years _____
P.C. job(s) _____ current job _____

SPEAKERS BUREAU:

- I am available to do a presentation at a local school, church, or community organization.
I am available to speak: daytimes (with some lead time) evenings only weekends only
I have: slides slide projector artifacts
I can speak Spanish French Other

LEADERSHIP OPPORTUNITIES:

- I might be interested in filling the following RPCV group positions: Chairperson Vice Chair
 Secretary/Treasurer Program Coordinator Restaurant Coordinator
 Speaker's Bureau Coordinator Newsletter Editor Resource Person

PROGRAMS:

- I would like to help organize a group meeting.
 I have slides from my PC experience that I could show at one of the meetings.

RECRUITMENT:

- I could staff a PC/RPCV information booth (eg. during a recruitment campaign, at Neighborfair).

Mail \$5 cash or check (made payable to "RPCVs of Oregon") to: **RPCVs of Oregon**
1802 SE 41st
Portland, OR 97214

- I am including an additional \$9 for membership in the National Council of RPCVs which includes a subscription to the 'RPCV Voice' (check for \$14 total enclosed).
 I am already a member of NCRPCVs.



Returned Peace Corps Volunteers of Oregon

The RPCV's of Oregon wish to thank the Fred Meyer Corporation for its generous contribution to this benefit. Our thanks also go to PSU's Smith Center Operations.



25 Years of Peace Corps:

The Gift of Giving

An Evening of Celebration

March 8th, 1986

"Give and it will be given to you; good measure, pressed down, shaken together, running over, will be put into your lap. For the measure you give will be the measure you get back."

Menu

Nam-Kang-Tao-Hu (Ped-Lae-Preaw)

Tofu Soup (Hot & Sour)

Kai-Pad-King

Stir Fry Chicken (Ginger)

Pad-Phak

Vegetable Dish

Pad-Prik-King

Hot Pepper Peanuts

Lyn-Chee

Lychee with Fruit

Kruang-Duim

Beverages

Catered by Portland State University

Proceeds to go to Burnside Projects to help the homeless.

Thank you for joining us in tonight's celebration of 25 great years of Peace Corps work, as well as that which we all share in common: the capacity to give of ourselves and the joy it brings to us and to others.

PROGRAM

6:30 Reception

7:00 Thai Dinner (buffet)

7:45 Speakers

Ms. Sandy James - "Local Heroes"

Dr. Lindsey Horenblas - NW

Medical Team

Ms. Loret Miller Ruppe - Director,
U.S. Peace Corps

MC: Donna Icenogle - Chairperson,
RPCVs of Oregon

9 to Midnight - Dance

Music by **KUTAMBA**
a Seattle-based African Marimba band

Sponsored by the Returned Peace Corps
Volunteers of Oregon with assistance from World
Affairs Council and the Seattle Peace Corps
Recruiting Office.