



OCTOBER 1993

# RETURNED PEACE CORPS VOLUNTEERS OF OREGON/PORTLAND

• Volume 12 • Number 10 •

## Speaker's Bureau Training

- **Sponsor:** World Affairs Council
- **Where:** World Trade Center 2, 25 S.W. Salmon in the Plaza Room (street level)
- **When:** Wednesday night, Oct. 13th from 6-8:30 p.m.

The World Affairs Council of Oregon has invited RPCVs of Oregon/Portland to attend a speakers' training session. We will receive tips and hints on presentations from experienced speakers and have ample time to mingle with other invitees, mainly international students from four local universities. Hors d' oeuvres will be served (free food!).

If you are interested, please call Phyllis Shelton, Speakers Bureau Coordinator, at 295-1863. Interested in car pooling? Call Phyllis and let her know.



## Beach Clean-Up

Join us from 9:00 am to 1:00 pm on Saturday, October 9th for SOLV's (Stop Oregon Litter and Vandalism) annual Autumn Beach Clean-up.

The very first coastal clean-up ever held in the USA was in Oregon in 1984. Since then, annual beach clean-ups have spread to 33 other states and 11 foreign countries. Last year, from Astoria to Brookings, more than 6200 volunteers picked up more than 33 tons of garbage. Call Sean Rose, coordinator for this event, at 294-4506.

## Pigout III: Men in Lappas

*First we round up palm oil, cassava leaves, and greens. Then we get some meat, and a big bag of rice. Then I contact a couple of cooks/brewers to make sure we have peanut and pumpkin soups, and a diverse selection of Northwest brewed beer. We write a couple of announcements for the newsletter and get ready for a crowd of hungry returned PCVs...*

It's now a ritual. Between Halloween and Thanksgiving there's the West African Pigout. The cuisine is authentic Liberian/Sierra Leonian food. However the meat used in the dishes is buckshot free and will have no bruises from motor vehicles. Do not get West African food confused with the popular Eat More, Weigh Less diet. The only similarity with Dr. Ornish's diet program and the Pigout is the stress reduction. We do the cooking; you just relax and enjoy the food and company. It's all you can eat and the beer is free. This year will feature Pygmy Hippo Ale, which was just bottled and is now aging. To add a touch of elegance we will provide toothpicks.

The Pigout will be held on Saturday, November 13 at the Waite residence in Vancouver. The West African Pigout is not only a social event but also a fundraiser. Profits from the Pigout will go to the Friends of Liberia. More details in next month's newsletter.

Mike Waite



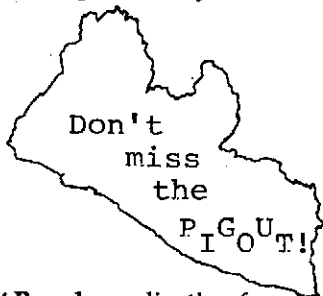
## • BRENDA'S CORNER •

Hello again, friends. Well, after a solid year of searching, I can finally say, "I got a job." I'm working at an engineering consulting firm as a receptionist-secretary. The 10 or so men in the office act as consultants to the wood products industry. I told them very early on in the interview that I'm aligned with the environmentalists, but that didn't seem to matter to them, as far as I could tell. It does matter to me, but honestly, the truth is, I just couldn't see myself through another winter of unemployment. So we do what we have to do (and hope we don't get sick and die in the process). Enough about me. Here's the poop:

**Friends of Trees:** We will plant trees... but not until after the winter solstice. Watch this space for updates as we approach 1994.

**Portland State** has a new Peace Corps campus recruiter. His name is Scott (I don't have his last name and it's much, much too early on a Sunday morning to call anybody to get it.) Welcome, Scott! Hope you have a little free time to join us in our endeavors.

**Holiday Party** plans are progressing. We're still tentatively aiming for December 12th, at the Bed & Breakfast near the town of Sandy (we had a Moroccan dinner there in the past). Phyllis Shelton will make arrangements to "Adopt a Family" for us.



**Starlight Parade** application forms will be coming our way shortly after the new year. It's not too early to be thinking about a new and different entry for next year's parade. Suggestions include inviting the West Cascade folks to join us with their funky "taxi" and/or merging with Obo Addy and the Homowa Foundation for African Arts to do something with drums and costumes and, well, Africans.

**West Samoan RPCV** Laura Sabatino has four cases of math, science and English text books she would like to send to a PCV overseas. A contingent of trainees is leaving from Seattle sometime in Nov-Dec for Samoa. Anybody able to drive the books up there? Call Laura at 281-5706 for more info.

**Town Hall** discussions about our group, its structure, our financial situation, and the activities we plan will take place each month, but "officers" need not initiate these conversations. Sorry I wasn't present to get the ball rolling at our last program meeting, when the first of these feedback sessions was scheduled to take place. Let's try again at Doris' Cafe October 17th. Speak your mind; it's a terrible thing to waste.

**Next Business Meeting:** Tuesday night, October 19th, 7:15 pm at Gabriella's house.

**Dues:** As of January 1st, 1994, our annual dues will be \$15 per year. You can renew for a year at the old rate of \$10 by paying before January 1st.

**Fig:** Mike and Mary Lynn Waite's West African Pigout takes place in November, on Saturday the 13th. Mark your calendar.

**Oregon Public Broadcasting:** Every December we assist OPB with their winter fund-raising campaign. The sign-up sheet for the OPB event circulates at Mike and Mary Lynn Waite's West African Pigout. JoAnne von Rohr has coordinated this activity for us in the past and will do so again this year.

**Are you expired?** Look at the label on your newsletter. Your membership expiration/renewal date appears above your name. Is your address correct? Call JoAnne with any changes at 282-1721.

*Brenda Michel*

**PEACE CORPS**



THE TOUGHEST JOB I EVER LOVED.

**REMEMBER TO BUY OUR  
T-SHIRT & SUPPORT  
RPCVs of OREGON/PORTLAND!**

ORIGINAL DESIGN!

COLLECTOR'S ITEM!

• Calendar of Events •

Oct. 17	Restaurant Meeting: Doris' Cafe
Oct. 19	Business Meeting at Gabriella's, 7:15 p.m.
Nov. ??	Regional meeting; to be announced
Nov. 13	West African Pigout (at the Waite's)
Dec. 12	Holiday meeting & Moroccan dinner at the Amrani's
July 1994	National RPCV Conference, Atlanta, GA

• Odds 'N Ends •

**Next Restaurant Meeting:** Sunday, October 17 at 5 p.m. at Doris' Cafe, 3240 N. Williams. Doris' Cafe slogan is "Beef it up, pork it down, but don't chicken out if you want the greatest Bar-B-Q in town." Meals are \$8.75 plus beverage and tip. Vegetarian meals are less. For more information or to call in your reservation, contact Joan Swee, Restaurant Coordinator at 252-2295.

*Ed note: Well, folks, I've done it again. The date for the restaurant meeting was incorrectly published in the last newsletter. It is October 17, I promise. Sorry for the error.*

**NW Regional RPCV Meeting:** There will be a regional meeting sometime in November, date to be announced. Look for details in the next newsletter!

**New address of newsletter editor:** In her effort to do her bit to bolster the sagging American economy, your newsletter editor has purchased a new (well, new to me) home. Yes, I am now a land baron and proud of it. Please note the new address when submitting articles for the next issue of this newsletter.

**OFFICERS**

**Steering Committee**  
 Brenda Michel 236-5838  
 Margie Hazelton 236-8346  
 Joan Swee 252-2295  
 Mike Waite 206-574-7455

**Secretary-Treasurer**  
 Dick Swee 252-2295

**Program Coordinators**  
 Margie Hazelton 236-8346  
 Pat Greendale 255-1101  
 Charlene Holzworth 284-3444

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 JoAnn von Rohr 282-1721

**Restaurant Coordinator**  
 Joan Swee 252-2295

**Speaker's Bureau**  
 Phyllis Shelton 295-1863

**Newsletter**  
 Robin Teater 627-0618

**Development Education**  
 Gabriella Maertens 254-5161

Published by the  
**Returned Peace Corps**  
**Volunteers of**  
**Oregon/Portland**  
**P.O. Box 802**  
**Portland, OR 97207**

Submissions for the Nov. 1993  
 newsletter should be received by  
 October 25. Please mail to:

Robin Teater  
 7126 N. Delaware Ave.  
 Portland, OR 97217  
*(please note new address!)*

**1994 International Calendars**



We're off and running with sales of the new calendars. They're better than ever, from Turkey to Fiji to Mali. Each month is bordered by a textile design from the country pictured, and the days are filled with information on national holidays around the world. Karen McAlister has graciously and energetically come forward to sell calendars to her coworkers and help me encourage all of you to do the same. She's sold 22! They sell themselves!

The price is \$8 to RPCVs of Oregon/Portland members and \$9 to others. Help us by buying and selling! Order one calendar for yourself now; use it to take orders for others to be delivered by November 15. Call me, Jerry Porter at 244-7283 (h), or 452-6000 (w) if you have any questions. **(See order form on back page)**

**1994 International Calendars Order Form**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ X \$8 = \_\_\_\_\_ (price for RPVCs of OR/Pland)

\_\_\_\_\_ X \$9 = \_\_\_\_\_

**Total** \_\_\_\_\_

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*Send check payable to RPCVs of Oregon/Portland to:  
Jerry Porter, 3600 SW Bvtn-Hillsdale Hwy #10, Portland, OR 97221-3839 244-7283*  
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RETURNED PEACE CORPS VOLUNTEERS  
OF PORTLAND/OREGON  
P.O. Box 802  
PORTLAND, OR 97207



Apr 1, 1994  
Marie Hermanson  
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Portland, OR ██████████